Thank you for supporting Crystal Women's Clinic through the

# Walk and Ride for Life

During the week leading up to the Walk and Ride for Life, follow along with this calendar to get a burst of fundraising inspiration, learn more about our new location in Crystal, and celebrate the lives God has saved and changed through CWC's ministry!

### SUNDAY, July 30

### **Today's Inspiration:**

RWC moved to Crystal on May 1st and reopened as Crystal Women's Clinic. On opening day, a woman came in at risk for aborting her baby. After her appointment, she chose LIFE! God blessed us with a saved baby and changed mom on opening day.

### **Today's Prayer:**

Pray for the reach of CWC to spread wide and save many families from abortion. Pray our new space is busy and filled with women and men who need truth and compassion.

### **Today's Goal:**

If you haven't done so yet, post to social media about why you're participating in this year's Walk, why it's important to you, and how much you're trying to fundraise!

## Women's clinic

### MONDAY, July 31

### **Today's Inspiration:**

"Rose" came to CWC undecided but thinking abortion would be her best option. She wanted to be older and more ready for a child. During her ultrasound, we saw TWINS! "Rose" was moved and after a couple more appointments, chose LIFE for her TWINS!

### **Today's Prayer:**

Pray for "Rose" and all our clients as they prepare to parent. Pray for peace, strength and hope through Jesus Christ.

### **Today's Goal:**

Ask friends and family to double their donation in honor of "Rose" who chose LIFE for her TWINS!



### TUESDAY, August 1

### **Today's Inspiration:**

CWC has a Real Time Prayer ministry that connects you to real time prayer needs at the clinic. We know the power of prayer and invite you to pray! Join RTP by texting JOIN to 763-703-2468. You will receive up to 8 texts per week for abortion-minded women as they prepare to see their babies on ultrasound.

### **Today's Prayer:**

Hear our prayers as we seek you on behalf of all the women we serve. Move on hearts as they see their babies on ultrasound.

### **Today's Goal:**

Consider giving or asking for a gift covering the cost of services for one life choice at CWC: \$525, or \$44/month for a year.



### WEDNESDAY, August 2

### **Today's Inspiration:**

"Kiera" came to us with her boyfriend and they said if they see a heartbeat they won't abort. However, she was too early in the pregnancy to see the heartbeat on ultrasound. CWC sent out a RTP text and as we prayed, "Kiera" saw another provider and received the abortion pill. (continued tomorrow)

### **Today's Prayer:**

Pray that as our culture makes abortion pills more and more accessible, women would learn the truth of abortion even in pill form.

### **Today's Goal:**

Ask friends and family to help you reach your goal because the life saving work of CWC is needed now more than ever in MN.



### THURSDAY,

### August 3

### **Today's Inspiration:**

"Kiera" didn't use the abortion pills! Instead, she came back to CWC. She had another ultrasound and this time, we saw and heard the heartbeat.

"Kiera" and her boyfriend decided to choose LIFE! They are enrolled in our parenting program and excited to welcome their baby!

### **Today's Prayer:**

Praise God for our caring and compassionate staff! Our clients return for follow-up appointments because they feel loved and respected. Pray for each staff member as they faithfully serve.

### **Today's Goal:**

Share an update with friends and family on your progress toward your fundraising goal and ask for any final contributions.



### FRIDAY, August 4

### **Today's Inspiration:**

CWC has been in ministry for 30 years, seeing over 4,128 life choices during that time. That includes 272 life choices in 2022! Every single service provided at CWC is cost-free to the women and families we serve.

### **Today's Prayer:**

Pray for CWC as we continue to transition to our new space and name. Pray for more clients to flood our space and fill up every available patient room.

### **Today's Goal:**

Consider giving or asking for a gift of \$272, rejoicing for the 272 babies whose mothers were supported to choose life in 2022.



### SATURDAY, August 5

### **Today's Inspiration:**

You are participating in CWC's 19th Walk for Life event, joining with thousands of past walkers, sponsors, and volunteers in supporting the life-saving work God is doing through CWC.

### **Today's Prayer:**

Praise God with us for the opportunity to Walk and Ride for Life with other CWC supporters, in His beautiful creation, on a beautiful summer day!

### **Today's Goal:**

Celebrate LIFE with us by walking or riding at French Regional Park.
Bring any check/cash donations you've received. And please send us any pictures or videos, or post to social media with the hashtag #CWCwalk!

